

**March 1, 2020**

## **Program Coach Job Description**

Tripleshot Cycling Club's youth program is a progressive, inclusive, athlete-development program aimed at turning kids into competitive cycling, at a level suited to them. As a Tripleshot Coach, you will help the Head Coach to plan and execute a year-round program with ability-appropriate training and races. You like kids, are creative in designing fun and productive workouts that include an appropriate use of competition, and are committed to a strongly ethical and team-based cycling program.

### **Position: Tripleshot Cycling Program Coach**

Effective Date: March 1, 2020

Employer: Tripleshot Cycling Club & Competere Coaching

Position: Program coach

Type: Part-Time

Salary: Commensurate with experience

The Tripleshot Cycling Program Coach must have a passion for coaching youth and cycling, and be able to meet the challenge of developing an expanding, successful youth cycling program.

The youth program serves riders in the Greater Victoria region who are focused on gaining the necessary skills and experience to be competitive racers in a variety of cycling disciplines including road, track, cyclocross and mountain bike. The athletes in the program range in age from 10-17.

The Tripleshot Cycling Program Coach will have NCCP coaching certification or be working towards certification and be a self-starter with experience in developing programs and practice planning incorporating fitness, technical skill and racing tactical elements.

### **Key Responsibilities:**

1. Program planning, coordination and implementation
2. Sponsor, club and parent relations
3. Reporting

#### **1. Program planning, coordination and implementation**

The Coach will assist the Head Coach to develop, plan and implement an annual development program that utilizes Tripleshot youth team administrative and material support and has the following characteristics:

1. Provide input to weekly, monthly, and seasonal plans with the Head Coach
2. Lead 3 training sessions per week (January 1-Nov 30); 2 mid-week, 1 on weekend
3. Coordinate bike race travel plans with the Tripleshot Head Coach and parent travel volunteer as appropriate
4. Provide coaching at races in the calendar identified as team projects

## **2. Sponsor and club relations:**

The Program Coach role is a public role in both the immediate Tripleshot Cycling club as well as within the wider cycling community. The Program Coach role requires the organization of volunteers and sponsor resources, and involvement in fundraising opportunities. In addition to general expectations of professional communication within the club to members and their families, the Program Coach is responsible for:

- Providing regular updates (post-event or monthly, whichever is more frequent) to sponsors and club members about Tripleshot youth team activities and opportunities. The means of updates shall include social media (Facebook, Instagram) as well as formal communication means such as email.

## **3. Reporting:**

The Program Coach reports directly to the Tripleshot Head Coach.